

MONDAY TO WEDNESDAY BEFORE THE FOURTH THURSDAY

Impairment

What blocks my view of what I've been given?

Three days, three things that block the view

Monday: Expectations. Deciding ahead of time what should happen, including how other people should act.

Tuesday: Invisible. The comfort that never goes away, so it never gets noticed.

Wednesday: Hurry. Having no room left to receive anything.

These pages are short on purpose. Each of these days also carries part of the Thanksgiving prep, so each page asks for just a few lines. Monday and Wednesday also have a place to keep track of the notes that need to go out before Thursday.

PROTECT IT What am I expecting that could block my view?*Expectations can close the door on gratitude.***Name it, then loosen it**

Write one or two expectations you're carrying into Thanksgiving. Then rewrite each one with "might."

"I expect the whole family to be there" becomes "The whole family might be there. If not, I'll still notice who came."

I expect _____

It might _____

If it doesn't, I'll still notice _____

I expect _____

It might _____

If it doesn't, I'll still notice _____

What the kids said. Ask, "What do you think Thursday will be like?" Then help them turn one "will" into a "might." Write it the way they say it.

Mailing day

Notes for people you won't see on Thursday go in the mail today, unless your plan moved them to Left Overs.

☐ _____ ☐ _____☐ _____ ☐ _____☐ _____ ☐ _____☐ _____ ☐ _____**Getting ready for Thanksgiving**☐ Settle where you're gathering and who's coming, and send any last invites.☐ Optional: write your own Enough Echo. Thanksgiving morning starts with the Echo, a short call-and-response thank-you your household says together, and the Guide has a ready-made one (page 99). To write your own, use pages 31 and 32 any time before Thursday.**Carry it today:** What are you expecting from Thursday, and what would you still notice if it didn't happen?

Who writes it. A grown-up can write the whole thing, or each person can write one line. Kids who can't write yet can say their line for a grown-up to write down.

Questions to spark ideas

- What happened this year that nobody in the family planned or earned?
- Who showed up for us when we needed them?
- What's something ordinary we'd miss if it disappeared tomorrow?
- Which leaf did you most enjoy writing this month?
- What's one moment from this year you'd want to remember in ten years?
- For kids: What made you happy this year? Who helped you?

Everyone's ideas

Gather them here first. Then choose four to six for the Echo on the next page.

WHO

THE GIFT

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Our Enough Echo

Grown-up _____

For example: "Before we go to the tree, let's say what we were given."

Grown-up: *After each line, everyone answers, "That would have been enough to give thanks."*

Reader _____

All: *That would have been enough to give thanks.*

Reader _____

All: *That would have been enough to give thanks.*

Reader _____

All: *That would have been enough to give thanks.*

Reader _____

All: *That would have been enough to give thanks.*

Reader _____

All: *That would have been enough to give thanks.*

Reader _____

All: *That would have been enough to give thanks.*

Grown-up: *Any one of these would have been enough. Together, they're more than enough.*

All: *We have more than enough.*

☐ We read it Thanksgiving morning ☐ Later in the day ☐ At the feast

Notes for Thanksgiving morning
