

THE WEEK OF THE THIRD THURSDAY

Important

Who made me feel valued this year?

What someone spends on you that they can't get back is one of the clearest signs that you matter to them.

The week in one breath

This week brings back the same people with a harder question. Last week asked what got better. This week asks what it cost: time, money, energy or attention, the four things nobody gets back. Monday through Wednesday, you notice with one short sentence. Thursday is Thankful Thursday. Friday through Sunday, you write the leaves, and they go up beside last week's.

Your map still works

Turn back to your Year Map (page 10). The same moments look different when you ask what they cost someone.

RECEIVE IT Who in this house spent their time, energy, or attention on me this year?

What someone gives up for you shows what you mean to them.

Start from your map: look for everything marked , and ask what it cost. Finish the sentence as many times as you like.

"Instead of sleeping in, Mom drove me to practice." The small ones often say the most.

1 Instead of _____ ,
 _____ who _____ what they did for me
 What it cost them: ☐ time ☐ money ☐ energy ☐ attention ☐ **Make it a leaf**

2 Instead of _____ ,
 _____ who _____ what they did for me
 What it cost them: ☐ time ☐ money ☐ energy ☐ attention ☐ **Make it a leaf**

3 Instead of _____ ,
 _____ who _____ what they did for me
 What it cost them: ☐ time ☐ money ☐ energy ☐ attention ☐ **Make it a leaf**

4 Instead of _____ ,
 _____ who _____ what they did for me
 What it cost them: ☐ time ☐ money ☐ energy ☐ attention ☐ **Make it a leaf**

5 Instead of _____ ,
 _____ who _____ what they did for me
 What it cost them: ☐ time ☐ money ☐ energy ☐ attention ☐ **Make it a leaf**

What the kids said. Ask, "What did someone stop doing so they could do something with you?" Write it the way they say it.

Photo hunt: Pictures of someone showing up: at a game, at a bedside, in the middle of helping. Add them to the digital Thankful Album.