

Leaves I Gave

Each leaf starts the same way: "Thank you, ___, for making my life better." Then say what got better and what they did. The entries you marked **Make it a leaf** already have both. Once a leaf is written, it goes on the tree and, before long, to the person it's for. Jot it here first, so you keep a record of this week.

Friday • Core

GIVE IT Who in this house made my life better this year?

A thank-you that stays in your head hasn't done its job yet.

To _____ In a few words, I thanked them for _____

To _____ In a few words, I thanked them for _____

To _____ In a few words, I thanked them for _____

To _____ In a few words, I thanked them for _____

To _____ In a few words, I thanked them for _____

To _____ In a few words, I thanked them for _____

Saturday • Community

GIVE IT Who outside this house made my life better this year?

The people who expect thanks least often need it most.

To _____ In a few words, I thanked them for _____

To _____ In a few words, I thanked them for _____

To _____ In a few words, I thanked them for _____

To _____ In a few words, I thanked them for _____

To _____ In a few words, I thanked them for _____

To _____ In a few words, I thanked them for _____

Sunday • Cosmos

GIVE IT What made my life better this year that no one arranged?

Write the thank-you even when there's no one to send it to.

To _____ In a few words, I thanked it for _____

To _____ In a few words, I thanked it for _____

To _____ In a few words, I thanked it for _____

Snapshot for Next November

Next November, this week will start with the same question: how were things a year ago? Answer it now, while this week is fresh. Start with yourself, then the people you live with. Next year, this page is your map.

Me. Something I can do now that I couldn't a year ago: _____

Something I'm still learning, or still hard: _____

Name _____

Can do now that they couldn't a year ago: _____

Still learning, or still hard: _____

Name _____

Can do now that they couldn't a year ago: _____

Still learning, or still hard: _____

Name _____

Can do now that they couldn't a year ago: _____

Still learning, or still hard: _____

Name _____

Can do now that they couldn't a year ago: _____

Still learning, or still hard: _____

The line I most want to remember from this week

Starting tomorrow, we ask what it cost.